# <u>METACOGNITION</u>

# QUESTIONING AND DISCUSSION







• Ask questions at any time!





- Nathan Burns
- Former Head of Maths/Pastoral Lead/MAT Lead
- Metacognitive researcher and author
- Full time training provider and consultant







- Greatest positive attainment impact of any intervention (EEF, 2019)
- OFSTED (2018) suggested area of focus for high-quality CPD
- Benefits ALL students (regardless of: socio-economic status; prior attainment; sex; behaviour; SEN status; age) (many, many papers...)
- Free for schools to implement





- Works across phases (i.e. can be a focus for all)
- Works across curriculum areas (i.e. can be a whole school focus)
- Develops problem solving skills
- Increases revision effectiveness





## What is metacognition?





- Metacognition is not the same as selfregulation
- Self-regulation is an umbrella that cover learning habits AND behaviours







- Flavell (1972): 'I am being metacognitive if I notice that I am having more trouble learning A than B; if it strikes me that I should double check C before accepting it as fact'
- Burns (2023): '[Metacognition is] the little voice inside your head that constantly evaluates and informs your decisions.









- Knowledge of task knowledge of requirements to meet to fulfill task criteria
- Knowledge of self knowledge of... knowledge
- Knowledge of strategies knowledge of methods available to attempt a cognitive task





- Planning an approach for the task
- Monitoring staying on track for successful task completion
- Evaluation review of the efficiency and effectiveness of approach and outcomes





- Metacognition is not a dichotomy
- We have Perkins' (1992) 4 levels: tacit; aware; strategic; reflective

*Tacit* – not aware of control of cognitive processes

*Aware* – aware of cognitive processes but don't actively engage with them

*Strategic* – begin to plan and evaluate cognitive action

*Reflective* – plan, monitor and evaluate cognitive action



**Developing Metacognitive Skills** 

- Metacognitive development must be within the context of content
- Metacognition needs to be development within the wider curriculum
- Metacognition needs to be embedded not a bolt-on or an enrichment opportunity
- Metacognition should not be taught as a discrete lesson

But

• Metacognitive strategies ought to be taught explicitly within the context of content

Mr Metacognition



## What makes a good question?





# Provides us with information that we didn't otherwise have around student understanding...

OR

Provides a student with new information to help them more forward...





- Questioning is just like playing darts...
- So...
  - $_{\circ}$   $\,$  We need to plan out our questions
  - We need them to build (appropriately) in difficulty (GOLDILOCKS!)
  - They need to illuminate new information (for us, or student)





- Typically, we ask 'cognitive' questions
  - $_{\circ}$   $\,$  What do I do next?
  - $_{\circ}$   $\,$  What is the answer?
  - $_{\circ}$   $\,$  How much do you need to write?
- Instead, we need to direct *some* attention to metacognitive questions



## **Connections**

### What?

- Utilise questioning to draw connections with previous tasks
  - Conceptual variation... 'What is the same'; 'what is different?'
- Can become embedded in every lesson

### Why?

- Learn from previous experiences
  - $_{\odot}$   $\,$  (Both positive and negative)
- Develop student schema; draw links between ideas and learning episodes

Mr Metacognition



3 + 4 - 5 3 - 4 + 5 3 x 4 + 5 3 + 4 x 5 What varies between each question? How does this impact the resulting answer? What mistakes may be made? What could we do to make sure our answers are correct?

> Craig Barton – Variation Theory





### Explain the formation of an ox-bow lake

as compared to...

## Explain the formation of a waterfall

What is similar with these two questions?

How would your responses vary?

What did you learn from your previous response that must be included in your next response?







Hodder – Cambridge International Year 7 Computing Book

When might you use Python over MicroPython? How does the userability compare? How difficult is the programming for the two different systems?



## Strategy Comparison

### What?

- Questioning around the relative strengths, weaknesses, appropriateness of alternative strategies.
- Potentially better once students have a better awareness of content and strategies available to them (cognitive load).
- Not appropriate where there is no reasonable alternative approach.

### Why?

- Strengthen student knowledge of strategy appropriateness
- Improves problem solving and learner flexibility
- Deepens topic understanding

Mr Metacognition



## 3(x - 5) = 17

### Expand?

Don't expand?







Rachel Cliffe @MrsRCliffe

Introduced a new exam question style to Year 10 through good, better, best paragraphs. Students had to identify the key features of the paragraph and then explain which one was the best and why, before writing the next paragraph for the question independently/ with scaffolds *k* 



17:35 · 13 Sept 24 · 37K Views

31 Retweets 5 Quotes 298 Likes



## Comprehension

### What?

- Comprehension what is the task requirement?
  - How long do you have? What do you need to do? How do you know that? Does it matter what method you use? (etc.)

### Why?

- Improved comprehension = improved planning
- Improved planning = improved outcomes
- Comprehension often the biggest barrier to task success

Metacognition



Which of the following achieved more in the 1960s and early 1970s:

- campaigns to improve the rights of African-Americans
- campaigns to improve the rights of women?

Explain your answer with reference to both bullet points.

[12 marks]

How long do I have?

What are the key words? Why?

What is the key command word, and what does it mean?

What points must you make to hit the marking criteria?



AQA Past Paper, 2023

#### Comprehension

- What are the key words in the question? How do you know?
- What must be included within my answer? How do you know?
- If I have been provided with a table or graph, why may this be significant?
- Why have I been provided with an image?
- How does the number of marks available for this question link to the structure of answer that I need to provide?

#### Connection

- When have you seen a question or task like this before?
- What did you do well on when we had the similar task? Why did it go well?
- What did you struggle with when we had a similar task? Why do you think you struggled?
- What support may you need to be more successful this time around? Why will that help?
- What strategies did you use last time, and how well did they work? How do you know?

#### Strategies

- · What are the strategies available to us?
- When would we usually use strategy x?
- What are the strengths and weaknesses of this strategy?
- Will this strategy always work, or is there a safer option?
- Did you consider how effective that strategy was last time that you used it?

#### Evaluation

Ar Metacognition

- · How successful were you in that task? How do you know?
- What went well in that task? How do you know?
- Where might you need greater support next time, and how will that help?
- What will you do differently next time?
- What will you do the same next time?



- Consider the wait time that we provide students with
- Ensure a climate where verbal answers can be messy, incoherent and colloquial





- Poor proxy for learning: silence = effective learning
- Demand for oracy high a key focus for most (all?) schools?
- Metacognitive development is reliant upon verbal communication





- Discussion can be difficult groups, behaviour, timings, evidencing learning...
- Metacognitive discussion requires two scaffolds:
  - Task understanding (e.g. time allotment; writing down or not?)
  - Cognitive understanding (*what* to discuss, with visible statements)



## <u>Goal Free Problems</u>

### What?

- Provide students with a longer problem question, but remove the question/task element
- Allow students to recall as much information as they can.

### Why?

- Superb retrieval task
- Removes the barrier of a 'question'
- Improves student confidence; show them what they can do

Mr Metacognition





What could a question be? What can you deduce from the image? What do you agree on? What do you disagree on? What topic(s) may this link in to?







Jack buys  $1\frac{1}{2}$  kg of potatoes and  $\frac{1}{2}$  kg of carrots.

What can you calculate? How many marks can you achieve? List all potential questions What units does the question link to?





An old man was clearly quite weird He always dropped food in his beard There was fried egg and jelly My dear it was smelly When it fell off everyone cheered.

What can you deduce? What do you agree/disagree on? What topic areas does this link with?



## Talking Heads (Concept Cartoons)

### What?

- Provide students with a question and several different responses
- These can be alternative answers, or often, answers with varied depth
- Students need to identify correct answer/most detailed answer

### Why?

- Force consideration of depth of answers
- Develop understanding of effective answers
- Discuss subtlety in response
- Tease out misconceptions

Mr Metacognition

## Example

### Define a rectangle









Science Education Research



## **Misconception Discussion**

### What?

- Provide students with a misconception answer, or a range of answers containing at least one misconception
- Students need to identify the error, correct it, understand why it has come about

### Why?

- Supports monitoring and evaluation abilities (i.e. identifying 'red flags')
- Significant subject knowledge benefits
- Develops students criticality





'Mr Woolaston's Mistakes'...

Four prompts:

- 1. What is the error?
- 2. What should I have done?
- 3. Why do you think I made the mistake?
- 4. Mistake or misconception?

Mr Metacognition



## Any final questions?





Twitter: @MrMetacognition BlueSky: @mrmetacognition.bsky.social Email: <u>mrmetacognition@gmail.com</u> LinkedIn: Nathan Burns



